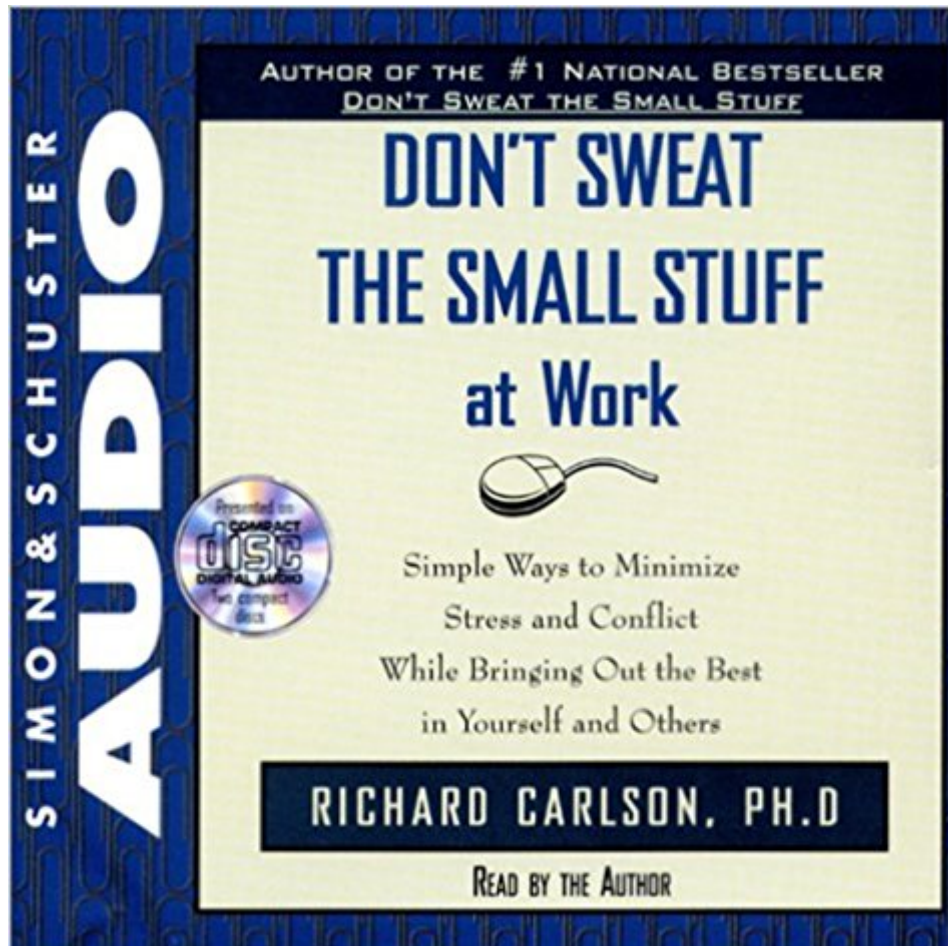


The book was found

Dont Sweat The Small Stuff At Work Cd



Synopsis

Millions of people have enjoyed Richard Carlson's national bestsellers that tell how not to let the small things in life get the best of them. Now, in *Don't Sweat the Small Stuff At Work*, he tells listeners how to interact more peaceably and joyfully with colleagues, clients, and bosses. Spending forty hours or more a week in an office, along with rush dealings, heavy workloads, and daily dilemmas, can make working a very stressful experience. Richard Carlson reveals tips that will transform your outlook at the office, easing stress there and also leading to a happier life at home.

Book Information

Series: *Don't Sweat the Small Stuff* (Hyperion)

Audio CD

Publisher: Simon & Schuster Audio; Abridged edition (September 1, 1999)

Language: English

ISBN-10: 0671045784

ISBN-13: 978-0671045784

Product Dimensions: 4.9 x 5.6 x 0.4 inches

Shipping Weight: 4 ounces

Average Customer Review: 5.0 out of 5 stars Â Â See all reviews Â (2 customer reviews)

Best Sellers Rank: #2,607,794 in Books (See Top 100 in Books) #7 in Â Books > Books on CD >

Authors, A-Z > (C) > Carlson, Richard #760 in Â Books > Books on CD > Business > Management

#1833 in Â Books > Books on CD > Business > General

Customer Reviews

This is a great book for anyone needing to get to the source of help they need quickly. I use it often as a fast refresher and as a constant guide in my daily endeavors, whether it be professional or personal. I recommend this to all who are starting in management, sales, or just simply wanting to improve your outlook on life and reduce stress. But you don't have to take my word for it.....(Reading Rainbow theme in background...)

Awesome

[Download to continue reading...](#)

Don't Sweat the Small Stuff and *It's All Small Stuff: Simple Ways to Keep the Little Things From Taking Over Your Life* (*Don't Sweat the Small Stuff* Series) *Don't Sweat the Small Stuff* for Teens:

Simple Ways to Keep Your Cool in Stressful Times (Don't Sweat the Small Stuff Series) Dont Sweat The Small Stuff At Work Cd Dont Sweat Small Stuff Dont Sweat The Small Stuff In Love Dont Sweat The Small Stuff About Money: Spiritual And Practical Ways To Create Abundance And More Fun In Your Life Dont Sweat The Small Stuff With Your Family Cd Don't Sweat the Small Stuff, and It's All Small Stuff Don't Sweat the Small Stuff for Teens: Simple Ways to Keep Your Cool in Stressful Times WHY DONT YOU GET A HORSE, SAM ADAMS? (PAPERBACK) 1996 PUFFIN Ten Insurance Claims Do's & Dont's Dont Jakob 24 Studies Op. 37 Preparatory to Kreutzer Rode Studies Violin solo Ivan Galamian The Lutheran Handbook: A Field Guide to Church Stuff, Everyday Stuff, and the Bible Stuff Every Man Should Know (Stuff You Should Know) Extra Stuff for Shrink Art Jewelry (Klutz Extra Stuff) Drawing: Drawing For Beginners- The Ultimate Guide for Drawing, Sketching,How to Draw Cool Stuff, Pencil Drawing Book (Drawing, Learn How to Draw Cool Stuff) The Architect's Guide to Small Firm Management: Making Chaos Work for Your Small Firm Making Small Groups Work: What Every Small Group Leader Needs to Know Making Work Work: The Positivity Solution for Any Work Environment It's the Little Things: Creating Big Moments in Your Home Through The Stylish Small Stuff

[Dmca](#)